

Tapas restaurants:

- **Tapeo**
266 Newbury St.
(617) 267-4799
<http://www.tapeo.com>
- **Sanctuary**
189 State Street
Boston, MA 01209
(617) 573 9333
<http://www.sanctuaryboston.com>
- **Tasca**
1612 Commonwealth Avenue
Brighton, MA 02135
(617) 730-8002
<http://www.tascarestaurant.com/>
- **Sophia's**
1270 Boylston St
Boston, MA 02215
(617) 351-7001
<http://www.sophiasboston.com/>
- **Dali Restaurant and Tapas bar**
415 Washington St
Somerville, MA 02143-4346
(617) 661-3254
Hours: Dinner nightly 5:30 to 11:00 | 6:00 to 11:30 June - August
Bar until 12:30
<http://www.dalirestaurant.com/>

Tapas history:

Tapas are small dishes that are meant to be eaten between meals or as appetizers, but they also make a very diverse meal. Wine is traditionally served with tapas.

There are a number of stories about the origin of tapas. One of the funnier ones comes from Andalucia, Spain. On the outskirts of Sevilla, in a tiny cafe bordering Utrera, Antonio Machado was writing a letter to his beloved Carmelilla Montoya. He sighed deeply and passionately gulped the last of the dry sherry that the bartender had put in front of him. Unfortunately, a very large bee had landed in the sherry, got stuck in Antonio's throat, stung him severely and Antonio died an agonizing death, clutching the unfinished love letter while screaming, "Why didn't someone put a lid on it!" After that, all the bartenders in Andalucia covered sherry and wineglasses with bread and bits of food to honor Antonio.

Some authors say that tapas were born when, due to an illness, the Spanish King Alfonso X had to take small bites of food with some wine between meals. Once he recovered, he ordered that wine was not to be served without something to eat. But the story of the king's disease apart, tapas were supposed to have originated in order to allow laborers and farmers

to continue their work by eating small amounts of food until it was time for the main meal. The word 'tapas' actually comes from the Spanish verb 'tapar' which means 'to cover'.

The different regions of Spain produce different tapas based on their individual tastes and traditions.

Tapas recipe links:

- <http://www.ericweisstein.com/fun/wine/tapas.html>
- <http://www.recipehound.com/Recipes/spain.html>
- <http://www.tienda.com/recipes.html>

Tapas cookbooks:

- 'Tapas, Mezze and Antipasti' – Australian Women's Weekly
- 'Tapas' – A. Lissen
- 'Tapas Cookbook Seventy Delicious Recipes to Capture the Flavours of Spain' - Adrian Linssen, Sara Cleary.
- 'Cesar: Recipes from a Tapas Bar' - Olivier Said, Maggie Pond, James Mellgren
- Tapas: The Little Dishes of Spain – Penelope Casas

Where to buy tapas ingredients:

Tapas ingredients are usually available in most stores that have an international section. Of the supermarket chains, Market Basket is usually well stocked. Given below are the names of a few specialty stores in and around Boston:

Brazilian Corner

192 Brighton Ave
Allston
MA 02134
Tel: 617 787 4407
7am-10pm Mon-Sat; 9am-8pm Sun

Mayfair La Hispana Foods

174 Brighton Ave
Boston
MA 02134 (#66 bus)
Tel: +1 617 782 8221
9am-6pm Mon-Fri; 8am-7pm Sat; 10am-4pm Sun

Savenor's

160 Charles St
Boston
MA 02114 (Green Line T to Arlington; Red Line T to Charles/MGH)
Tel: 617 723 6328
9am-8:30pm Mon, Wed-Fri; 9am-1pm Tue; 9am-8pm Sat; 9am-7pm Sun

La International

318 Somerville Ave,
Somerville (#86 bus)
Tel: 617/776-8855.